

### HOW TO WRITE A SYSTEMATIC REVIEW ARTICLE

#### Title

A concise and informative title reflecting the scope of the systematic review.

### II. Abstract

1. Provide a brief summary of the article, including the research question, methodology, key findings, and implications.

### III. Introduction

- 1. State the research question or objective of the systematic review.
- 2. Explain the importance and relevance of the topic.
- 3. Provide a brief overview of the existing literature on the subject.
- 4. Clearly outline the scope and inclusion/exclusion criteria.

### IV. Methods

- 1. Describe the systematic review protocol, including the research strategy.
- 2. Detail the databases and other sources searched, along with search terms used.
- 3. Explain the study selection process, including screening and eligibility criteria.
- 4. Describe the data extraction process and data synthesis methods.
- 5. Address any potential biases and how they were handled.

#### V. Results

- 1. Present the findings of the systematic review in a clear and organized manner.
- 2. Use tables, figures, and graphs to present data when appropriate.
- 3. Summarize the characteristics and key findings of the included studies.

## VI. Discussion

- 1. Interpret and discuss the results of the included studies.
- 2. Compare and contrast the findings from different studies.
- 3. Analyze the strengths and limitations of the evidence.
- 4. Identify gaps in the existing literature and areas for future research.

## VII. Conclusion

- 1. Summarize the main findings and their implications.
- 2. Discuss the significance of the systematic review's results.
- 3. Provide suggestions for clinical practice, policy, or further research.

# VIII. Acknowledgments

Acknowledge individuals or institutions that contributed to the systematic review.

## IX. References

List all the references cited in the systematic review using the appropriate citation style.

# X. Appendix (optional)

Include any additional information, tables, or details that support the main text but are not essential for understanding the review.